

Curriculum Vitae

Jeremy Angaran

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BUSINESS

Owner & Founder, Angaran RE-Habilitation, LLC, 2008

EDUCATION

University of Puget Sound, Tacoma, WA ■ 2002
Doctor of Physical Therapy, DPT

Willamette University, Salem, OR ■ 1997
B.S. in Exercise Science

CERTIFICATION/CREDENTIALS

CMPT, Certified Manual Physical Therapist, NAIOMT, North American Institute of Manual Therapy Level III/IV credential, 2007

OCS, Orthopedic Certified Specialist, ABPTS, American Board of Physical Therapist Specialties Certification, 2005

CCI, Credentialed Clinical Instructor, American Physical Therapy Association credential, 2004

CSCS, Certified Strength and Conditioning Specialist, NSCA, National Strength and Conditioning Association credential, 2002

DPT, Doctor of Physical Therapy, 2002

MEMBERSHIPS

American Physical Therapy Association, 1999-2009

Sports Physical Therapy Section, 2007-2009

Private Practice Section American Physical Therapy Association, 2007-2009

Orthopedic Section American Physical Therapy Association, 2002-2009

National Strength and Conditioning Association, 2002-2004

AWARDS/HONORS

Distinguished Service Award, PTWA, Physical Therapy Association of Washington

Emerging Leader Award, American Physical Therapy Association, Fall 2005.

Student Physical Therapy Association President, University of Puget Sound, 2001-2002: Elected as SPTA president serving a one year term.

Robie Grove-Livingstone Scholarship, University of Puget Sound, 2000: One of two recipients selected –without application- from the more than 70 University of Puget Sound Physical Therapy students by faculty for students excelling in their Physical Therapy Education and their potential to contribute to the field of Physical Therapy.

Research Assistant, Oregon State University, 1998: Selected to assist PhD candidate in an in-vivo and in-vitro shoulder study: *Patterns of glenohumeral joint laxity and stiffness in healthy men and women*. *Medicine & Science in Sports & Exercise*. 32(10):1685-1690, October 2000.

TEACHING EXPERIENCE

Clinical Instructor- 2005-Present. Mentored 5 graduate physical therapy students in their long term clinical affiliations.

Teaching Assistant – “Human Anatomy” to Professor Roger Allen, University of Puget Sound ■ 2001; Met with students upon request, assisted with lab dissections, mentored and instructed in the classroom.

NAIOMT Level I: Differential Diagnosis (Lab Assistant), November 14 hours of work as a lab assistant for lower quadrant instruction with role including assisting students with lab techniques and skills

PROFESSIONAL EXPERIENCE

Clinical Director, Olympic Sports and Spine Rehabilitation, Tacoma, WA **September 2005- September 2008**
Director and manager of East Tacoma clinic of Olympic Sports and Spine Rehabilitation.

Physical Therapist, Olympic Sports and Spine Rehabilitation, 8011-112th Street Court E, Puyallup, WA, 98373 **September 2002- September 2008**
Patient management, assessment, and intervention in an orthopedic outpatient setting. Manual therapy focus, with North American Institute of Manual Therapy system utilized.

Physical Therapist, Franciscan Health Systems, Tacoma, WA, **2002 – 2003**
Inpatient patient management, occasional outpatient care, assessment and intervention.

SERVICE TO STATE PROFESSIONAL ORGANIZATION

Secretary, PTWA (Washington Physical Therapy Association) 2006-2008

Elected as secretary to state association as a board of director

Manipulation Bill Chair, PTWA, Legislative Committee 2005-2008

Appointed bill chair for upcoming legislation regarding manipulation prohibition for physical therapists in Washington State

Western Washington At-Large Director, PTWA 2004-2006

Elected to fulfill this position on the Board of Director's in a volunteer capacity with a focus on membership recruitment and daily function of the association in Washington State

Student Liaison, PTWA 2001-2002

Assisted Washington's chapter of the American Physical Therapy Association as a student. Provided input into pertinent student issues at the state level, contributing at Board of Director Meetings 4 times per year.

SERVICE TO NATIONAL PROFESSIONAL ORGANIZATION

APTA Manipulation Task Force 2007-Present

Invited to attend meeting on behalf of the AAOMPT to address Washington's interest in state legislation regarding manipulation

Task Force on Vision 20/20 2006-Present

Appointed as elective member of national task force regarding vision 20/20 by the APTA BoD

Chief Delegate, APTA House of Delegates, Washington Chapter 2005-2008

Elected as chief delegate to lead the Washington Delegation in preparation and organization at the American Physical Therapy Association's annual HOD meeting

Delegate, PTWA 2003-2006 (two terms)

Extensive debate and discussion of current issues related to the profession of physical therapy. Spoke on the floor of the House at both meetings in front of 400+ colleagues contributing to debate and discussion.

CONTINUING EDUCATION

2008

WorkWell FCE, August 22-23, Phoenix, AZ
16 hours FCE Training module with mixed didactic and lab instruction

Combined Sections Meeting of the American Physical Therapy Association
February 5-9, Nashville, TN
21 hours of a variety of short courses.

2007

Current Concepts of Orthopaedic Physical Therapy
Recognition of completion May 31
84 hours for independent study course

The Foot: Evaluation and Management of Common Overuse Injuries
May 4-6
14 hours of lecture and lab demonstration regarding foot mechanics, podiatric theory, current evidence and assessment and treatment by Thomas McPoil, PT, PhD, ATC

NAIOMT 750: The Thoracic Spine
February 24-25
14 hours of lecture and lab regarding thoracic mechanics, ring lesions, and hypocapnia by Diane Lee, BSR, MCPA, FCAMT

Cervicogenic Dizziness: An evidence-based course
January 13-14
16 hours of didactic and lab regarding the cervicogenic dizziness, assessment and treatment

Combined Sections Meeting of the American Physical Therapy Association
February 14-18
21 hours of a variety of short courses.

2006

How to Start a Private Practice
November 10-11
11 hours of didactic instruction in starting up physical therapy private practices

PTWA Fall Conference
October 27, "The Pelvic Girdle and Pelvic Floor: Applications for Physical Therapy,"
Katherine Wallace, PT
4.5 hours of didactic education on pelvic floor anatomy and function, including assessment, intervention and rehabilitation techniques

October 28, "Concepts of Differential Diagnosis for the Physical Therapist," Suzanne Robben Brown, PT, MPH
6.0 hours of didactic education on differential diagnosis and conceptual changes regarding the therapists future role

PT 2006: Annual Conference & Exposition of the American Physical Therapy Association

June 21-24, 21 hours, Mixed programming regarding orthopedic care.

NAIOMT Symposium

June 10, "An Integration of Manual Physical Therapy Approaches to the Thorax," Ola Grimsby, OT, MNFF, MNSMT, FFAOMPT, Gregg Johnson, PT, FFCFMT, & Erl Pettman, PT, MCSP, MCPA, FCAMT

8 hours of didactic and discussion forum regarding the thoracic spine, theory and manual interventions. Live demonstrations on patient cases were included.

NAIOMT Symposium

June 11&12, "Clinical Reasoning in Manual Physical Therapy," Jim Meadows, BScPT, MCPA, FCAMT & Erl Pettman, PT, MCSP, MCPA, FCAMT

14 hours of didactic and discussion forum regarding clinical reasoning for complex patient types. Progression through clinical cases was also provided with reasoning included

Western Regional Leadership Development Seminar

April 8, Babette Sanders, PT, MS, & Joe Black, PhD, 7.25 hours of mixed education and discussion regarding leadership within the profession of physical therapy

Combined Sections Meeting

February 1-4, 21 hours, mixed programming, spinal courses, clinical prediction rule regarding lumbar spine, knee and patellofemoral, several others.

2005

Examination in Physical Therapy Practice: Screening for Medical Disease:

November 5-6; William G Boissonault PT, DHSc, FAAOMPT.

12 hours of mixed lab/didactic education regarding medical screening for disease including cancer screening, hip fracture screening, and questionnaire screening.

APTA National Conference

June 8-11; 20 hours of didactic education in a variety of seminars including Shirley Sahrman's Movement Impairment Systems, Clinical Prediction Rule for spinal manipulation, LE and patellofemoral biomechanics.

PTWA Spring Conference:

April 29, "Clinical Radiology and Imaging for Physical Therapists," James Swain, MPT.
6 hours of education in clinical radiology regarding pathology assessment and anomalies seen in diagnostics.

2004

NAIOMT Level III: Advanced Upper Quadrant Parts A & B: November 12-14 and December 10-12; Earl Pettman, PT, MCSP, MCPA, FCAMT
42 hours of didactic and lab instruction in mechanical assessment utilizing PIVM's, positional testing, and end-feels as well as specific treatment for found isolated movement dysfunctions

NAIOMT Level I: Differential Diagnosis (Lab Assistant), November 12-14; Bill Temes, PT, MS, OCS, COMT, FAAOMPT & Karl Turner, PT, COMT, OCS, FAAOMPT
14 hours of work as a lab assistant for lower quadrant instruction with role including assisting students with lab techniques and skills

APTA Clinical Instructor Credentialing Course, September 18-19; Stephanie Kellar, PT
15 hours for this credentialing program for clinical instructors focusing on improving instructor skills with student interactions and dealing with complicated student situations

NAIOMT Level III: Lower Quadrant, April 30-May 2 and June 11-13; Earl Pettman
40 hours of didactic and lab instruction in lumbar mechanics, locking techniques, and segmentally specific mobilization

Erchonia Laser: April 22; Joseph Kleinkort, PT, PhD, MA, C.I.E.
5 hours of didactic and lab instruction in use of lasers in treating a variety of pathologies

Medical Screening and Differential Diagnosis: February 28-29; David Musnick, MD
15 hours of didactic instruction in medical screening and differential diagnosis

2003

NAIOMT Level I: Upper and Lower Quadrant: November 7-9 & December 5-7, Bill Temes, PT, MS, OCS, COMT, FAAOMPT
35 contact hours of didactic and lab instruction in basic differential diagnosis for upper and lower quadrants

NAIOMT Level II: Lower Quadrant Parts A & B: October 3-5 & November 14-16; Kent Keyser, MS, PT, OCS, ATC, COMT, CFMT, FAAOMPT
42 Contact hours of 60% didactic and 40% lab instruction in lower extremity mechanics, thoracic and lumbar mechanics, scanning examinations, biomechanical assessment, differential diagnosis and manual treatment

NAIOMT Level II: Upper Quadrant Parts A & B: January 10-12 & March 7-9; Kent Keyser
42 contact hours of 60% didactic and 40% lab instruction in upper extremity mechanics, cervical mechanics, scanning examinations, biomechanical assessment, differential diagnosis and manual treatment

2002

Current Concepts in Evaluation and Treatment in patients with Selected Shoulder

Conditions: April 19-20; George J Davies, Med, PT, SCS, ATC, CSCS

12 hours of

2001

PT 2001: Annual Conference & Exposition of the American Physical Therapy

Association: June 20-23

28 hours of a variety of courses typically 2-3 hours in duration each

2000

Orthotic and Physical Therapy Interventions for Common Lower Extremity

Problems: October, Nancy E Henderson, Col, SP, Chief Physical Therapist Madigan
Army Medical Center

16 hours of mixed didactic and lab instruction in assessment, and fabrication of orthoses
for common orthopedic problems including plantar fasciitis.